

FWJHS Track and Field Invitational

2019 Schedule of Events

Schedule is approximate. Races will run one after the other.

Monday, May 6th, 2019

Field Events: 4:30

Girls High Jump
Girls Shot Put
Boys Long Jump
Boys Discus

Running Events: Start 5:30

5:30 Hurdles Girls Prelims 30"
Hurdles Boys Prelims 33"

5:45 100 Meters Girls Prelims
100 Meters Boys Prelims

6:00 1600 Girls Final
1600 Boys Final

6:25 4 x 100 Girls Relay Final
4 x 100 Boys Relay Final

6:45 400 Meters Girls Prelims
400 Meters Boys Prelims

7:00 800 Meters Girls Final
800 Meters Boys Final

7:20 200 Meters Girls Prelims
200 Meters Boys Prelims

Tuesday, May 7th, 2019

Field Events: 4:30

Boys High Jump
Boys Shot Put
Girls Long Jump
Girls Discus

Running Events: Start 5:15

5:15 Hurdles Girls Final 30"
Hurdles Boys Final 33"

5:30 100 Meters Girls Final
100 Meters Boys Final

5:45 400 Meters Girls Final
400 Meters Boys Final

6:00 3200 Girls Final

6:20 200 Meters Girls Final
200 Meters Boys Final

6:35 3200 Boys Final

6:55 4 x 400 Girls Relay Final
4 x 400 Boys Relay Final